

KONGRES BALKANSKE ASOCIJACIJAJE MEDICINSKIH SESTARA TEHNIČARA I BABICA
ESNO KONFERENCIJA

BALKAN 2030

SNAGA PREVENCIJE I STABILNOST
ZDRAVSTVENIH SISTEMA



Beograd, 08.10-11.10.2026.g

CONGRESS OF THE BALKAN ASSOCIATION OF NURSES TECHNICIANS AND MIDWIFERIES

ESNO CONFERENCE

BALKANS 2030

POWER OF PREVENTION AND STABILITY
OF HEALTH SYSTEMS



ESNO
EUROPEAN SPECIALIST
NURSES ORGANISATION

Belgrade, 08.10-11.10.2026.

Balkanska Asocijacija Medicinskih Sestara Tehničara i Babica



Balkan Association of Nurses Technicians and Midwives



MEĐUNARODNI KONGRES BALKANSKE ASOCIJACIJE MEDICINSKIH
SESTARA, TEHNIČARA I BABICA

**BALKAN 2030 – SNAGA PREVENCIJE I
STABILNOST ZDRAVSTVENIH SISTEMA**

AKREDITACIJA: ZDRAVSTVENI SAVET SRBIJE

Broj: 153-01-00287/2026-01 od 17.08.2026.godine, A-1-1288/26

Akreditovano za: lekare, stomatologe, farmaceute, biohemičare, medicinske sestre i zdravstvene tehničare svih profila, zdravstvene saradnike, laboratorijske tehničare, sanitarne tehničare i inženjere, dijetetičare-nutricioniste, fizioterapeute, radne terapeute, farmaceutske tehničare, radiološke tehničare

Dodeljeni bodovi:

predavač - 15,
usmena prezentacija - 13,
poster prezentacija - 11,
pasivno učešće - 10



Republika Srbija
MINISTARSTVO ZDRAVLJA



ESN 
EUROPEAN SPECIALIST
NURSES ORGANISATION

08.10-11.10.2026 – HOTEL BALKAN, BEOGRAD

INTERNATIONAL CONGRESS OF THE BALKAN ASSOCIATION OF NURSES, TECHNICIANS AND MIDWIVES

BALKANS 2030 – THE POWER OF PREVENTION AND THE STABILITY OF HEALTHCARE SYSTEMS

ACCREDITATION – HEALTH COUNCIL OF SERBIA

No.: 153-01-00287/2026-01 dated 17 August 2026, A-1-1288/26

Accredited for: Physicians, Dentists, Pharmacists, Biochemists, Nurses and healthcare technicians of all profiles, Healthcare Associates, Laboratory Technicians, Sanitary Technicians and Engineers, Dietitians-Nutritionists, Physiotherapists, Occupational Therapists, Pharmacy Technicians, Radiology Technicians

Credits awarded:

lecturer – 15 credits,
oral presenter – 13 credits,
poster presenter – 11 credits,
attendee – 10 credits



Republika Srbija
MINISTARSTVO ZDRAVLJA



08–11 October 2026 – HOTEL BALKAN, BELGRADE



Poštovane kolegice i kolege,

Veliko mi je zadovoljstvo da, u ime Balkanske asocijacije medicinskih sestara, tehničara i babica, istaknem značaj tematike Kongresa, koja predstavlja osnov savremene sestrinske profesije i održivog razvoja zdravstvenih sistema.

Javno zdravlje, prevencija bolesti i imunizacija zahtevaju stručne, kompetentne i kontinuirano edukovane medicinske sestre. Naša profesionalna odgovornost obuhvata ne samo kvalitetnu zdravstvenu negu, već i edukaciju stanovništva, promociju zdravih stilova života, izgradnju poverenja u zdravstvene sisteme i odgovorno suprotstavljanje dezinformacijama.

Posebnu pažnju moramo posvetiti obrazovanju medicinskih sestara, tehničara i babica kroz kontinuirano stručno usavršavanje, razvoj kliničkih i komunikacionih kompetencija i snažnije povezivanje obrazovanja, nauke i prakse.

Istovremeno, očuvanje mentalnog zdravlja populacije, ali i zdravstvenih radnika, mora biti sastavni deo zdravstvenih politika. Prevencija profesionalnog sagorevanja, dostupna podrška i stvaranje sigurnog i podsticajnog radnog okruženja predstavljaju ulaganje u kvalitet zdravstvene zaštite.

Balkanski region suočava se sa brojnim zajedničkim izazovima u oblasti javnog zdravlja. Bez obzira na granice i razlike među našim zdravstvenim sistemima, naše potrebe i odgovornosti su često iste. Zato je povezivanje medicinskih profesionalaca regiona od posebnog značaja – kroz razmenu znanja, zajedničke edukativne programe, istraživanja, primere dobre prakse i zajedničko delovanje.

Naša snaga je u saradnji. Ujedinjeni, možemo izgraditi otpornije zdravstvene sisteme, osnažiti sestrinsku profesiju i doprineti zdravlju stanovništva celog Balkana i Evropske unije.

Neka ovaj Kongres bude korak ka snažnijem povezivanju sestrinske profesije u regionu i zajedničkom odgovoru na izazove javnog zdravlja, jer samo udruženi možemo graditi zdraviju i otporniju budućnost Balkana.

Goran Mošić

Predsednik Balkanske asocijacije medicinskih sestara,
tehničara i babica



Dear Colleagues,

It is my great pleasure, on behalf of the Balkan Association of Nurses, Technicians and Midwives, to emphasize the importance of the Congress theme, which is fundamental to the modern nursing profession and the sustainable development of healthcare systems.

Public health, disease prevention and immunization require skilled, competent nurses who engage in continuous professional development. Our professional responsibility encompasses not only the provision of high-quality healthcare and nursing care, but also public education, the promotion of healthy lifestyles, building public trust in healthcare systems, and responsibly countering misinformation.

Special attention must be devoted to the education of nurses, technicians and midwives through continuous professional development, the advancement of clinical and communication competencies, and stronger links between education, science and practice.

At the same time, protecting the mental health of both the population and healthcare professionals must be an integral part of health policy. Preventing professional burnout, providing accessible support, and creating a safe and supportive work environment are investments in the quality of healthcare.

The Balkan region faces numerous shared public health challenges. Regardless of borders and differences among our healthcare systems, our needs and responsibilities are often the same. This is why connecting healthcare professionals across the region is particularly important – through knowledge exchange, joint educational programs, research, the sharing of best practices and coordinated action.

Our strength lies in cooperation. United, we can build more resilient healthcare systems, empower the nursing profession, and contribute to the health of people throughout the Balkans and the European Union.

May this Congress be a step toward stronger connections within the nursing profession across the region and a shared response to public health challenges, because only by joining forces can we build a healthier and more resilient future for the Balkans.

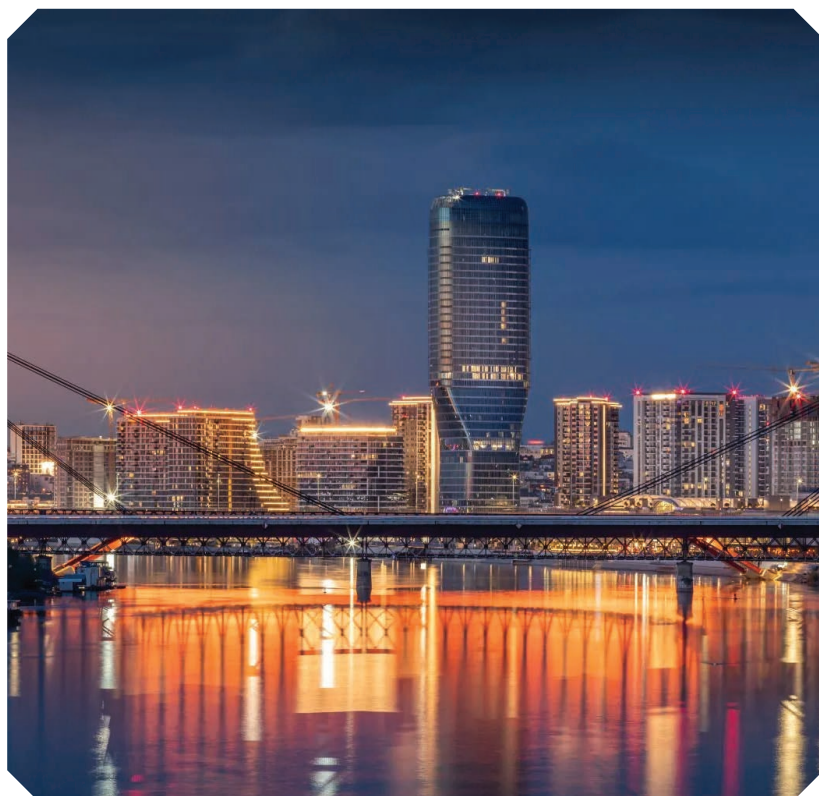
Goran Mošić

President of the Balkan Association of Nurses,
Technicians and Midwives

SVEČANO OTVARANJE MEĐUNARODNOG KONGRESA

08.10.2026. godine, Hotel Moskva, 18:00h

Obraćanje zvanica



CEREMONIAL OPENING OF THE INTERNATIONAL CONGRESS

8 October 2026 at Hotel Moskva, 18:00

Addresses by distinguished guests

BALKAN 2030



PANEL-DISKUSIJA

„SAVREMENI IZAZOVI JAVNOG
ZDRAVLJA BALKANA“

Moderator: Goran Mošić, predsednik BAMSTIB

Javno zdravlje na Balkanu suočava se sa kompleksnim i međusobno povezanim izazovima koji značajno utiču na zdravstveno stanje, očekivano trajanje i kvalitet života stanovništva. Infektivne bolesti, poput tuberkuloze i HIV infekcije, i dalje zahtevaju kontinuiran epidemiološki nadzor i sistematske preventivne mere, dok je pandemija COVID-19 ukazala na značaj pravovremene reakcije, zdravstvene pripravnosti i otpornosti zdravstvenih sistema. Istovremeno, nezarazne bolesti, naročito kardiovaskularne bolesti, dijabetes i maligne bolesti, predstavljaju vodeće uzroke obolevanja i smrtnosti. Njihova prevencija zahteva kontinuiranu promociju zdravih životnih navika, ali i dostupne i organizovane programe preventivnih pregleda.

Preventivni pregledi imaju ključnu ulogu u očuvanju i unapređenju zdravlja, jer omogućavaju rano otkrivanje bolesti i faktora rizika, pravovremeno započinjanje lečenja i smanjenje mogućnosti razvoja komplikacija. Poseban značaj imaju organizovani skrining programi za maligne bolesti, kao i kontinuirano praćenje osnovnih pokazatelja zdravstvenog stanja. Unapređenje preventivne zdravstvene zaštite može značajno doprineti smanjenju zdravstvenih nejednakosti i opterećenja zdravstvenih sistema.

Mentalno zdravlje i blagostanje stanovništva takođe predstavljaju sve važniji javnozdravstveni prioritet, a promocija mentalnog zdravlja i stvaranje dostupnih oblika podrške treba da budu sastavni deo savremene zdravstvene politike. Dodatni izazovi uključuju zagađenje životne sredine, klimatske promene i nejednaku dostupnost zdravstvenih usluga između urbanih i ruralnih sredina. Digitalizacija

i telemedicina pružaju nove mogućnosti za dostupniju i efikasniju zdravstvenu zaštitu, uz istovremenu potrebu za odgovornom zaštitom zdravstvenih podataka i privatnosti građana.

Suočavanje sa ovim izazovima prevazilazi granice pojedinačnih država. Budućnost javnog zdravlja na Balkanu zavisi od snažnije regionalne saradnje, razmene znanja i iskustava, zajedničkog epidemiološkog nadzora, usklađenih preventivnih programa i pravovremene razmene zdravstvenih podataka. Zajedničkim delovanjem zdravstvenih institucija, stručnjaka i donosilaca odluka moguće je izgraditi otpornije zdravstvene sisteme i obezbediti dostupniju, kvalitetniju i pravičniju zdravstvenu zaštitu za sve stanovnike Balkana.



PANEL DISCUSSION

"CONTEMPORARY PUBLIC HEALTH CHALLENGES IN THE BALKANS"

Moderator: Goran Mošić, President of BAMSTIB

Public health in the Balkans faces complex and interconnected challenges that significantly affect the health status, life expectancy and quality of life of the population. Infectious diseases, such as tuberculosis and HIV infection, still require continuous epidemiological surveillance and systematic preventive measures, while the COVID-19 pandemic highlighted the importance of a timely response, health preparedness and resilient healthcare systems. At the same time, non-communicable diseases, particularly cardiovascular diseases, diabetes and cancer, are leading causes of morbidity and mortality. Their prevention requires the continuous promotion of healthy lifestyle habits, as well as accessible and well-organized preventive screening programs.

Preventive examinations play a key role in preserving and improving health because they enable the early detection of diseases and risk factors, the timely initiation of treatment, and a reduced likelihood of complications. Organized cancer screening programs are particularly important, as is the continuous monitoring of basic health indicators. Improving preventive healthcare can significantly contribute to reducing health inequalities and the burden on healthcare systems.

Mental health and population well-being are also becoming increasingly important public health priorities, and the promotion of mental health and the creation of accessible forms of support should be an integral part of modern health policy. Additional challenges include environmental pollution, climate change and unequal access to healthcare services between urban and rural areas. Digitalization and

telemedicine offer new opportunities for more accessible and efficient healthcare, while also requiring responsible protection of health data and citizens' privacy.

Addressing these challenges goes beyond the borders of individual countries. The future of public health in the Balkans depends on stronger regional cooperation, the exchange of knowledge and experience, joint epidemiological surveillance, coordinated preventive programs, and the timely exchange of health data. Through joint action by healthcare institutions, experts and decision-makers, it is possible to build more resilient healthcare systems and ensure more accessible, higher-quality and more equitable healthcare for everyone in the Balkans.



Panelisti:



Prof. dr Verica Jovanović,

Institut za javno zdravlje Srbije „Dr Milan Jovanović Batut”, Beograd, Republika Srbija



Dr Efrain Pantoja,

Univerzitetetska Bolnica Hebron, Španija



Dr Zlatan Hamza,

J.U. Zavod za javno zdravlje kantona Sarajevo, Bosna i Hercegovina



Dr Živana Gavrić,

Institut za javno zdravlje Banja Luka, Republika Srpska

Panelists:



Prof. Dr. Verica Jovanović,

Institute of Public Health of Serbia “Dr Milan Jovanović Batut”, Belgrade, Republic of Serbia



Dr Efrain Pantoja,

Hebron University Hospital, Spain



Dr Zlatan Hamza,

Public Health Institute of Sarajevo Canton, Bosnia and Herzegovina



Dr Živana Gavrić,

Institute of Public Health Banja Luka, Republika Srpska





Poštovani učesnici,

Na ovom za nas izuzetno značajnom skupu posvećenom snazi prevencije i stabilnosti zdravstvenih sistema apostrofiraćemo koliko su one važnije nego ikad.

Kada govorimo o imunizaciji, ne govorimo samo o medicinskoj proceduri, vakcini ili individualnoj zaštiti pojedinca. Govorimo o kolektivnom imunitetu, o dostupnosti informacija i spremnosti da brinemo jedni o drugima. Zato je zadatak zdravstvenih radnika, institucija, obrazovnog sistema, medija i čitave zajednice da zajedno grade kulturu poverenja u nauku i zdravstveni sistem.

Epidemije nas podsećaju koliko smo međusobno povezani. Zarazna bolest ne poznaje granice između generacija, profesija ili društvenih grupa. Upravo zato je i odgovor na epidemije uspešan samo kada je zajednički, organizovan i zasnovan na naučnim dokazima.

Imamo priliku da razmenimo iskustva, otvorimo važna pitanja i pronađemo načine da imunizacija bude još dostupnija, razumljivija i prihvaćenija. Naš cilj ne treba da bude samo veći obuhvat imunizacijom, već i veće poverenje građana

„Imunizacija nije granica između pojedinca i zajednice — imunizacija je most koji ih povezuje.“

Srbija, Balkan, Evropska unija dele isti epidemiološki prostor i suočavaju se sa istim izazovima. Virusima nisu potrebne vize niti pasoši, oni ne znaju za granice. Zato ni odgovor na epidemije ne može biti samo nacionalni i pitanje zdravstvene politike jedne zemlje. To je pitanje regionalne i zajedničke bezbednosti.

Za budućnost nije toliko važna najmodernija tehnologija koliko je važno da je ona povezana sa znanjem, etikom, disciplinom i ljudskošću.

Najbolji zdravstveni sistem je onaj koji je dovoljno snažan da krizu predvidi, dovoljno spreman da je dočeka i dovoljno human da u njenom centru uvek vidi čoveka. Zato je snaga prevencije - snaga budućnosti.

Ulaganje u javno zdravlje je ulaganje u stabilnost. Ulaganje u zdravstvene radnike je ulaganje u kvalitet. Ulaganje u imunizaciju je ulaganje u kolektivnu bezbednost. Ulaganje u mentalno zdravlje je ulaganje u otpornu zajednicu. Ulaganje u znanje i saradnju je ulaganje u budućnost. Imunizacija je naš štit. Znanje je naš kompas. Tehnologija je naš alat. Mentalno zdravlje je naša unutrašnja snaga. Prevencija je put kojim sve to povezujemo.

Zdravlje budućih generacija ne počinje kada se pojavi bolest. Ono počinje danas - našim odlukama, našim znanjem i našom spremnošću da prevenciju stavimo u središte zdravstvene politike.

Mirjana Blanuša

Predsednica Udruženja „Eskulap”





Dear Participants,

At this gathering, which is of exceptional importance to us and is dedicated to the power of prevention and the stability of healthcare systems, we will emphasize why prevention is more important than ever.

When we speak about immunization, we are not speaking only about a medical procedure, a vaccine, or the individual protection of one person. We are speaking about collective immunity, access to information, and the willingness to care for one another. That is why healthcare professionals, institutions, the education system, the media and the entire community share a common responsibility: to build a culture of trust in science and the healthcare system. Epidemics remind us how interconnected we are. Infectious diseases recognize no boundaries between generations, professions or social groups. That is precisely why the response to epidemics is successful only when it is collective, organized and based on scientific evidence. We have an opportunity to exchange experiences, raise important questions, and find ways to make immunization even more accessible, understandable and widely accepted. Our goal should be not only to achieve greater immunization coverage, but also to strengthen public trust.

“Immunization is not a boundary between the individual and the community — immunization is the bridge that connects them.”

Serbia, the Balkans and the European Union share the same epidemiological space and face the same challenges. Viruses do not need visas or passports; they don’t recognize borders. Therefore, the response to epidemics cannot be solely national or merely a matter of a country’s health policy. It is a matter of regional and collective security.

Looking to the future, even the most advanced technology can reach its full potential only when combined with knowledge, ethics, discipline and humanity. The best healthcare system is one that is strong enough to anticipate a crisis, prepared enough to respond to it, and humane enough always to place the human being at its center. That is why the power of prevention is the power of the future. Investing in public

health is investing in stability. Investing in healthcare professionals is investing in quality. Investing in immunization is investing in collective security. Investing in mental health is investing in a resilient community. Investing in knowledge and cooperation is investing in the future. Immunization is our shield. Knowledge is our compass. Technology is our tool. Mental health is our inner strength. Prevention is the path that connects all of these.

The health of future generations does not begin when illness appears. It begins today – with our decisions, our knowledge, and our readiness to place prevention at the heart of health policy.

Mirjana Blanuša

President of the “Eskulap” Association



09.10.2026. godine, Hotel Balkan, 10:00h

ESNO KONFERENCIJA

„IMUNIZACIJA KAO KOLEKTIVNI ŠTIT I SNAGA ZAJEDNICE U BORBI PROTIV EPIDEMIJA“



Mr. Bart Cooreman,

Univerzitet primenjenih nauka Artevelde,
Gent, Belgija

„Propisivanje lekova od strane medicinskih sestara: put ka proširenju pokrivenosti vakcinacijom – pravni okviri i klinička stvarnost“

- Trenutni obim propisivanja lekova od strane medicinskih sestara u Evropi i njegova direktna korelacija sa prihvatanjem imunizacije
- Pravne prepreke kliničkoj kompetenciji
- Specifične studije slučaja klinika za vakcinaciju



Tihana Gašpert, mag. med. techn,

Univerzitetska bolnica Rijeka,
Hrvatska

„Izgradnja obrazovnog kurikulumu: ESNO kurikulum za vakcinaciju i Springer publikacija“

- Detaljan pregled okvira kurikulumu ESNO (Evropskog društva specijalizovanih medicinskih sestara) – analiza modula i ishodi učenja
- Springer publikacija – udžbenik za medicinske sestre
- Premošćavanje jaza između akademske teorije i kliničke prakse



Prof. dr Daniela Lehwaldt,

Univerzitet grada Dablina,
Irska

„Napredna praksa medicinskih sestara u Irskoj i širom sveta“

- Lekcije naučene iz nacionalnih kampanja u Irskoj
- Metrike uspeha zasnovane na podacima



Dr Ber Oomen,

Evropska organizacija specijalizovanih medicinskih sestara (ESNO), izvršni direktor, Brisel, Belgija

„Angažovanje na nivou lokalne zajednice: Kako nacionalna udruženja medicinskih sestara mogu pokretati agende vakcinacije“

- Strateško zagovaranje
- Izgradnja pokreta lokalne zajednice: angažovanje mladih i saradnika medicinskih sestara
- Uloga stručnih tela u pružanju verodostojnih poruka



Mr. Noel Abela,

Bolnica Mater Dei,
Univerzitet na Malti

„Vakcinacija i prevencija infekcija: Kako medicinske sestre oblikuju budućnost bezbednosti u zdravstvu“

- Klinička sinergija između rutinske vakcinacije i standardnih mera kontrole infekcija.
- Praktični protokoli nege za integraciju zagovaranja vakcinacije
- Medicinska sestra kao primarni „čuvar kapije“ za edukaciju pacijenata



9 October 2026 at Hotel Balkan, 10:00

ESNO CONFERENCE

"IMMUNIZATION AS A COLLECTIVE SHIELD AND THE STRENGTH OF THE COMMUNITY IN THE FIGHT AGAINST EPIDEMICS"



Mr. Bart Cooreman,

Artevelde University of Applied Sciences,
Ghent, Belgium

"Nurse Prescribing: A Path Toward Expanding Vaccination Coverage – Legal Frameworks and Clinical Reality"

- Current scope of nurse prescribing in Europe and its direct correlation with immunization uptake
- Legal barriers to clinical competence
- Specific case studies from vaccination clinics



Tihana Gašpert, mag. med. techn,

University Hospital Rijeka,
Croatia

"Building the Educational Curriculum: The ESNO Vaccination Curriculum and Springer Publication"

- Detailed overview of the ESNO (European Specialist Nurses Organization) curriculum framework – module analysis and learning outcomes
- Springer publication: a textbook for nurses
- Bridging the gap between academic theory and clinical practice



Prof. Dr Daniela Lehwaldt,

Dublin City University,
Ireland

“Advanced Nursing Practice in Ireland and globally”

- Lessons learned from national campaigns in Ireland
- Data-driven success metrics



Dr Ber Oomen,

European Specialist Nurses Organisation
(ESNO), Executive Director, Brussels, Belgium

“Engagement at the Local Community Level: How National Nursing Associations Can Drive Vaccination Agendas”

- Strategic advocacy
- Building a local community movement: engaging younger nurses and nursing associates
- The role of professional bodies in delivering credible messages



Mr. Noel Abela,

Mater Dei Hospital,
University of Malta

“Vaccination and Infection Prevention: How Nurses shape the Future of Healthcare Safety”

- Clinical synergy between routine vaccination and standard infection-control measures.
- Practical care protocols for integrating vaccination advocacy
- The nurse as a key provider of patient education



10.10.2026. godine, Hotel Balkan, 10:00h

SVETSKI DAN MENTALNOG ZDRAVLJA

10 October 2026 at Hotel Balkan, 10:00

WORLD MENTAL HEALTH DAY



WORLD
MENTAL
HEALTH
DAY 2026



OCTOBER 10TH

**LIVED
EXPERIENCES
HEARD
REAL VOICES,
REAL CHANGE**



wmhdofficial.com

PANEL-DISKUSIJA

„MENTALNO ZDRAVLJE I BLAGOSTANJE KAO
PRIORITET JAVNOG ZDRAVLJA NA BALKANU“

Moderator: Mirjana Blanuša, predsednica Udruženja „Eskulap“

Mentalno zdravlje i blagostanje predstavljaju jedan od značajnih prioriteta savremenog javnog zdravlja i važan preduslov za zdrav, kvalitetan i ispunjen život stanovništva Balkana. Društvene, kulturne i ekonomske specifičnosti balkanskih zemalja oblikuju različite potrebe stanovništva i zahtevaju javne zdravstvene pristupe zasnovane na lokalnom kontekstu, dostupnosti usluga i principima jednakosti i solidarnosti. Poseban značaj imaju promocija mentalnog zdravlja, razvoj psihološke otpornosti i stvaranje podržavajućeg okruženja u kojem je razgovor o mentalnom zdravlju prihvaćen kao sastavni deo brige o ukupnom zdravlju.

Važan segment predstavlja smanjenje stigme povezane sa mentalnim zdravljem kroz kontinuiranu edukaciju, unapređenje zdravstvene pismenosti i razvoj kulture otvorenog dijaloga. Posebnu pažnju potrebno je usmeriti na zdravstvene radnike, čije mentalno blagostanje predstavlja važnu komponentu kvalitetne, bezbedne i humane zdravstvene zaštite. Istovremeno, studenti, posebno studenti zdravstvenih usmerenja, predstavljaju buduće nosioce zdravstvenih sistema, zbog čega je značajno razvijati programe podrške, edukacije i promocije zdravih stilova života tokom njihovog obrazovanja.

Unapređenje mentalnog blagostanja na Balkanu zahteva integrisan, sistemski i dugoročno održiv pristup koji povezuje prevenciju, edukaciju, ranu podršku, dostupne usluge mentalnog zdravlja i međusektorsku saradnju. Poseban značaj imaju regionalna saradnja, razmena iskustava i primera dobre prakse, kao i razvoj zajedničkih strategija za promociju mentalnog zdravlja. Ulaganje u mentalno blagostanje stanovništva, zdravstvenih radnika i studenata nije samo ulaganje u pojedinca, već u otpornost zdravstvenih sistema i društava Balkana – jer zdraviji pojedinci stvaraju zdravije zajednice, a zdravije zajednice grade snažniji i povezaniji region.

PANEL DISCUSSION

"MENTAL HEALTH AND WELL-BEING AS A PUBLIC HEALTH PRIORITY IN THE BALKANS"

Moderator: Mirjana Blanuša, President of the "Eskulap" Association

Mental health and well-being are among the major priorities of contemporary public health and are essential to a healthy, high-quality and fulfilling life for the people of the Balkans. The social, cultural and economic characteristics of Balkan countries shape different population needs and require public health approaches based on local context, accessibility of services, and the principles of equality and solidarity. Of particular importance are the promotion of mental health, the development of psychological resilience, and the creation of a supportive environment in which talking about mental health is accepted as an integral part of caring for overall health.

An important component is reducing the stigma associated with mental health through continuous education, improved health literacy, and the development of a culture of open dialogue. Special attention should be directed toward healthcare professionals, whose mental well-being is essential to high-quality, safe and humane healthcare. At the same time, students, particularly those in health-related fields, are the future pillars of healthcare systems, making it important to develop support programs, provide education, and promote healthy lifestyles throughout their studies.

Improving mental well-being in the Balkans requires an integrated, systemic and sustainable long-term approach that connects prevention, education, early support, accessible mental-health services and intersectoral cooperation. Regional cooperation, the exchange of experiences and best practices, as well as the development of joint strategies for mental-health promotion, are particularly important. Investing in the mental well-being of the population, healthcare professionals and students is not only an investment in individuals, but also in the resilience of healthcare systems and Balkan societies – because healthier individuals create healthier communities, and healthy communities build a stronger and more connected region.



Panelisti:

**Prof. dr Slavica Đukić Dejanović,**

Bel Medic, Beograd,
Republika Srbija

**Dr.sc. Brankica Rimac,**

Hrvatsko katoličko sveučilište,
Zagreb, Republika Hrvatska

**Dr Yamen Hrekes,**

Udruženje „Milica”,
Banja Luka, Republika Srpska

**Prof. Žarko Trebješanin,**

Fakultet za finansije, ekonomiju i administraciju,
Beograd, Republika Srbija

**Magistar zdravstvene nege Majda Čaušević,**

Klinika za ginekologiju i porodilište Postojna,
Republika Slovenija

Panelisti:



Prof. Dr Slavica Đukić Dejanović,

Bel Medic, Belgrade,
Republic of Serbia



Dr Sc. Brankica Rimac,

Catholic University of Croatia,
Zagreb, Republic of Croatia



Dr Yamen Hrekes,

“Milica” Association,
Banja Luka, Republika Srpska



Prof. Žarko Trebješanin,

Faculty of Finance, Economics and
Administration,
Belgrade, Republic of Serbia



Master of Nursing Majda Čaušević,

Gynecology and Maternity Hospital Postojna,
Republic of Slovenia



INFORMACIJE ZA UČESNIKE

Poštovani učesnici Kongresa, rezervacije smeštaja vrše se najkasnije 7 dana pre korišćenja usluge hotelskog smeštaja preko Hotela Balkan.

Za sve zainteresovane učesnike Kongresa koji žele da prisustvuju predavanjima, uplata kotizacija vrši se preko upita na email organizatora - bams.asocijacija@gmail.com. Kotizacija obuhvata: koktel dobrodošlice, prisustvo na predavanjima Kongresa, sertifikat sa ostvarenim bodovima prema akreditaciji Zdravstvenog saveta Srbije, svečanu večeru 09.10.2026.

Radni jezici: srpski i engleski. Simultano prevođenje biće obezbeđeno u oba smera (SR/EN) putem slušalica.

HOTEL BALKAN - INFORMACIJE ZA GOSTE

Adresa: Prizrenska 2, Beograd

Recepcija: +381 66 860 0502

Rezervacije: sales@hotelbalkan.rs

Prijava: od 15:00,

Odjava: do 12:00

Doručak: 07:00–10:00 radnim danima / 07:00–11:00 vikendom

Recepcija je dostupna 24/7

Sve sobe su nepušačke.

Molimo Vas da uradite online registraciju preko QR koda.

Na istoj stranici dostupni su program i dodatne informacije o skupu.



Za sva dodatna pitanja možete se obratiti organizatoru:

email:

udruzenje.eskulap@gmail.com
bams.asocijacija@gmail.com

telefoni :

+381641648595,
+381641511072

INFORMATION FOR PARTICIPANTS

Dear Congress participants, accommodation must be booked directly with Hotel Balkan at least seven days prior to arrival.

Congress participants wishing to attend the lectures should contact the organizer at bams.asocijacija@gmail.com for registration and payment instructions. The registration fee includes a welcome cocktail, attendance at Congress lectures, a certificate indicating the credits earned in accordance with the accreditation of the Health Council of Serbia, and the gala dinner on 9 October 2026.

Working languages: Serbian and English. Simultaneous interpretation will be provided in both directions (SR/EN) via headsets.

HOTEL BALKAN – GUEST INFORMATION

Address: Prizrenska 2, Belgrade

Reception: +381 66 860 0502

Reservations: sales@hotelbalkan.rs

Check-in: from 15:00,

Check-out: until 12:00

Breakfast: 07:00–10:00 on weekdays / 07:00–11:00 on weekends

Reception is available 24/7

All rooms are non-smoking.

**Please scan the
QR code to check in.**

The event program and further information are available on the same page.



For any additional questions, please contact the organizer.:

email:

udruzenje.eskulap@gmail.com
bams.asocijacija@gmail.com

phone numbers :

+381641648595,
+381641511072



BALKAN 2030

**SNAGA PREVENCIJE I STABILNOST
ZDRAVSTVENIH SISTEMA**

**POWER OF PREVENTION AND STABILITY
OF HEALTH SYSTEMS**